

Madan K. Raj M.D. FAAPMR  
Interventional Spine Specialist  
Board Certified in Pain Medicine  
Board Certified in Physical Medicine & Rehabilitation

## **Pre-Procedure Information**

*You are scheduled for a surgical procedure. This is very important information, please read through carefully.*

1. Please be sure that you will have a driver for your procedure to ensure your safety. Allow 30 minutes for the entire process of the procedure; this includes preparation and recovery time. Patient can have “light meal” prior procedure.
2. Please stop taking all the following medications at least **(7) days** prior to your procedure:
  - **Regular Strength Aspirin, Excedrin**
  - Advil, Motrin, Ibuprofen
  - Nabumetone (Relafen)
  - Piroxicam (Feldene)
  - Arthrotec
  - Celebrex
  - Mobic/Meloxicam
  - Naprelan
  - Naprosyn, Aleve
  - Naproxen (Anaprox, Treximet, Sumatriptan)
  - Voltaren gel
  - Pennsaid
  - Flector patch
  - Indomethacin (Indocin)
  - **Plavix (Clopidogrel)**
  - **Coumadin (Warfarin, Jantoven)**
  - **Effient, Aggrenox**
  - **Pradaxa**
  - **Rivaroxaban (Xarelto)**
  - **Activase (Alteplase)**
  - **Fragmin Injection (Dalteparin)**
  - **Or any other blood thinning medications**
3. Please stop taking all the following medications at least **(1) day** prior to your procedure:
  - Enoxaparin (Lovenox)
  - Baby Aspirin, 81 mg
  - Multi-vitamins/ Vitamin E., Omega/Fish Oil

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**Pre-Procedure Information Continued**

4. We **cannot** perform any procedures while you are taking blood-thinners. Please check with your physician before stopping your medication.
  
5. If you are diabetic please check your **Glucose level (must be under 180)** the day of your injection, allergic to steroids, or contrast dyes, please notify the nurse.
  
6. If you are pregnant, please notify the nurse .

**I understand that I MUST have a driver with me.**

*I certify that I have read and understand this agreement.*

Print name: \_\_\_\_\_

Sign name: \_\_\_\_\_

Date \_\_\_\_\_

***Thank you for providing information to ensure your safe medical care.***

